Computer Adaptive Testing Transcript

Welcome to this informational video about Computer Adaptive Testing. Computer Adaptive Testing, or CAT, uses today's technology to customize test questions to your knowledge level.

Let's take a brief look at how CAT works using a fitness example. The goal of CAT is to find out if a candidate can reach the passing standard of the exam, just as you can use a treadmill to measure how fast you can run. A person could walk, jog, run, or sprint on a treadmill. At each level, the speed will increase. If you can jog, we already know you can walk. To determine your speed, you might be asked to jog, and then run or you might be asked to sprint. If you cannot sprint, the speed will slow to a running pace. If you cannot run, then the speed will slow to a jogging pace.

Another way to see how computer adaptive testing works by showing a candidate's progress through the MBLEx. As a candidate answers questions correctly or incorrectly, the computer adapts to his or her level of ability. Since the difficulty of the questions depends on which ones a candidate answers correctly, each candidate will have a different set of questions. Computer adaptive testing does not allow for candidates to flag questions for later review. A candidate will pass the MBLEx if he or she answers a hundred questions and reaches a competence level at or above the passing standard. However, a candidate will not pass if his or her competence level is below the passing standard or if the candidate answers fewer than one hundred questions during the time allowed.

The MBLEx is an assessment of your ability to practice safely and competently. Passing the MBLEx shows that you ready to take the next steps to become a newly-licensed entry level Massage practitioner. Understanding how Computer Adaptive Testing works will help you understand the testing experience. At fsmtb.org you can find other materials to help prepare you for the MBLEx. Good Luck!